**Talk title:** Sharp \$L^p\$ bounds for the helical maximal function

**Abstract:** A natural 3-dimensional analogue of Bourgain's circular maximal function theorem in the plane is the study of the sharp \$L^p\$ bounds in \$\mathbb{R}^3\$ for the maximal function associated with averages over dilates of the helix (or, more generally, of any curve with non-vanishing curvature and torsion). In this talk, we present a sharp result, which establishes that \$L^p\$ bounds hold if and only if \$p>3\$. This is joint work with Shaoming Guo, Jonathan Hickman and Andreas Seeger.