Quantum Zeno effect and strong damping for infinite dimensional open quantum systems

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We prove the quantum Zeno effect in open quantum systems whose evolution, governed by quantum dynamical semigroups, is repeatedly and frequently interrupted by the action of a quantum operation. For the case of a quantum dynamical semigroup with a bounded generator, our analysis leads to a refinement of existing results and extends them to a larger class of quantum operations. We also prove the existence of a novel strong quantum Zeno limit for quantum operations for which a certain spectral gap assumption, which all previous results relied on, is lifted. The quantum operations are instead required to satisfy a weaker property of strong power-convergence and the result is proved by a novel pertubation series approach. In addition, we establish, for the first time, the existence of a quantum Zeno limit for the case of unbounded generators. Moreover, using the mentioned perturbation series approach, we prove the first strong damping result for infinitedimensional open quantum systems with unbounded generators.